Barracks Sanitation Train-the-Trainer

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7-9 Nov 06

Outline

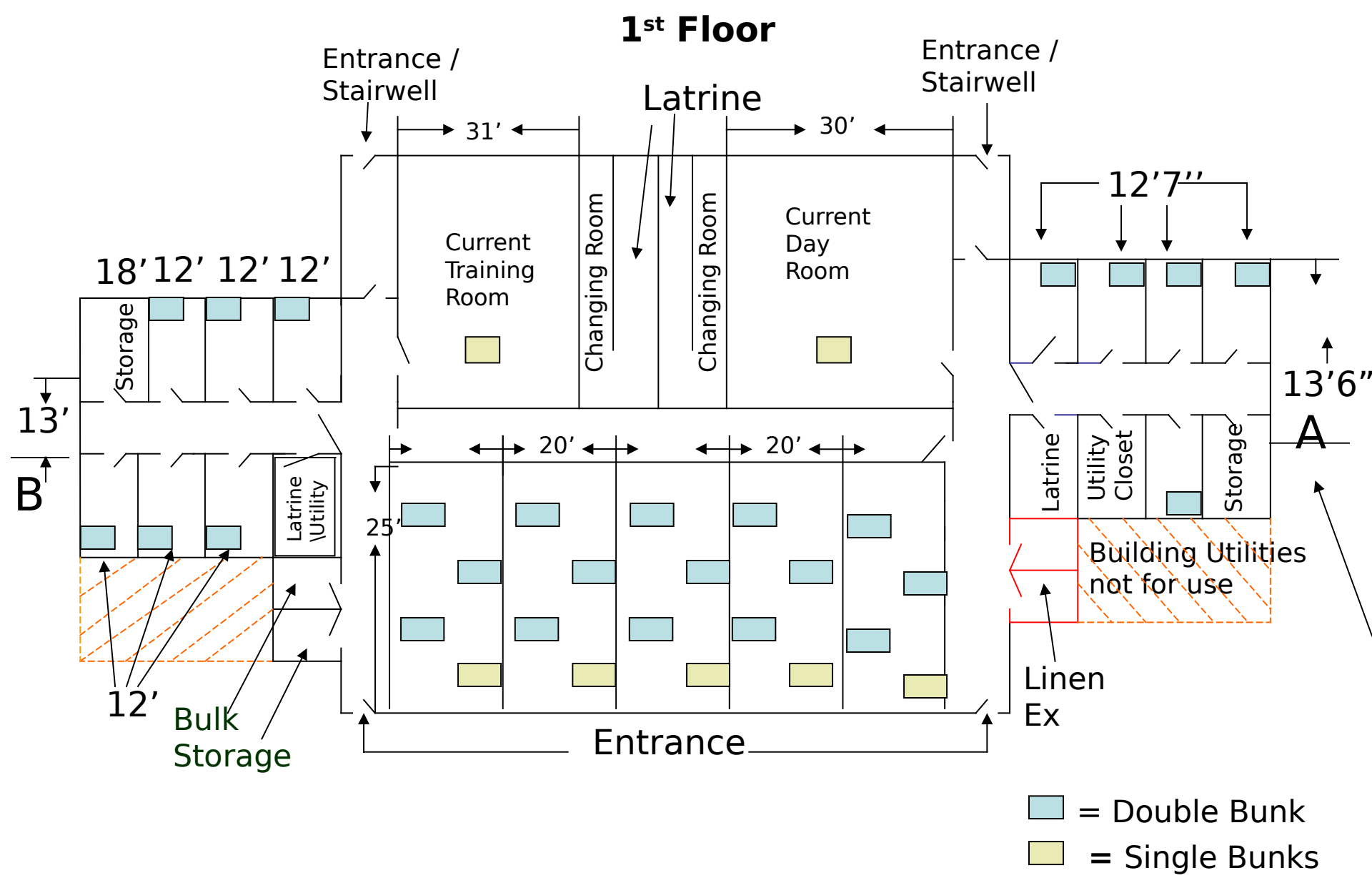
- Bunk Spacing
- Barracks Cleaning
- Linens
- Air Quality
- Checklist
- Schedule
- Other Issues

Bunk Spacing

- 72 Square Feet per Person
- 3 Feet between bunks
- “Head-to-Toe” Sleeping Enforced

EXIT

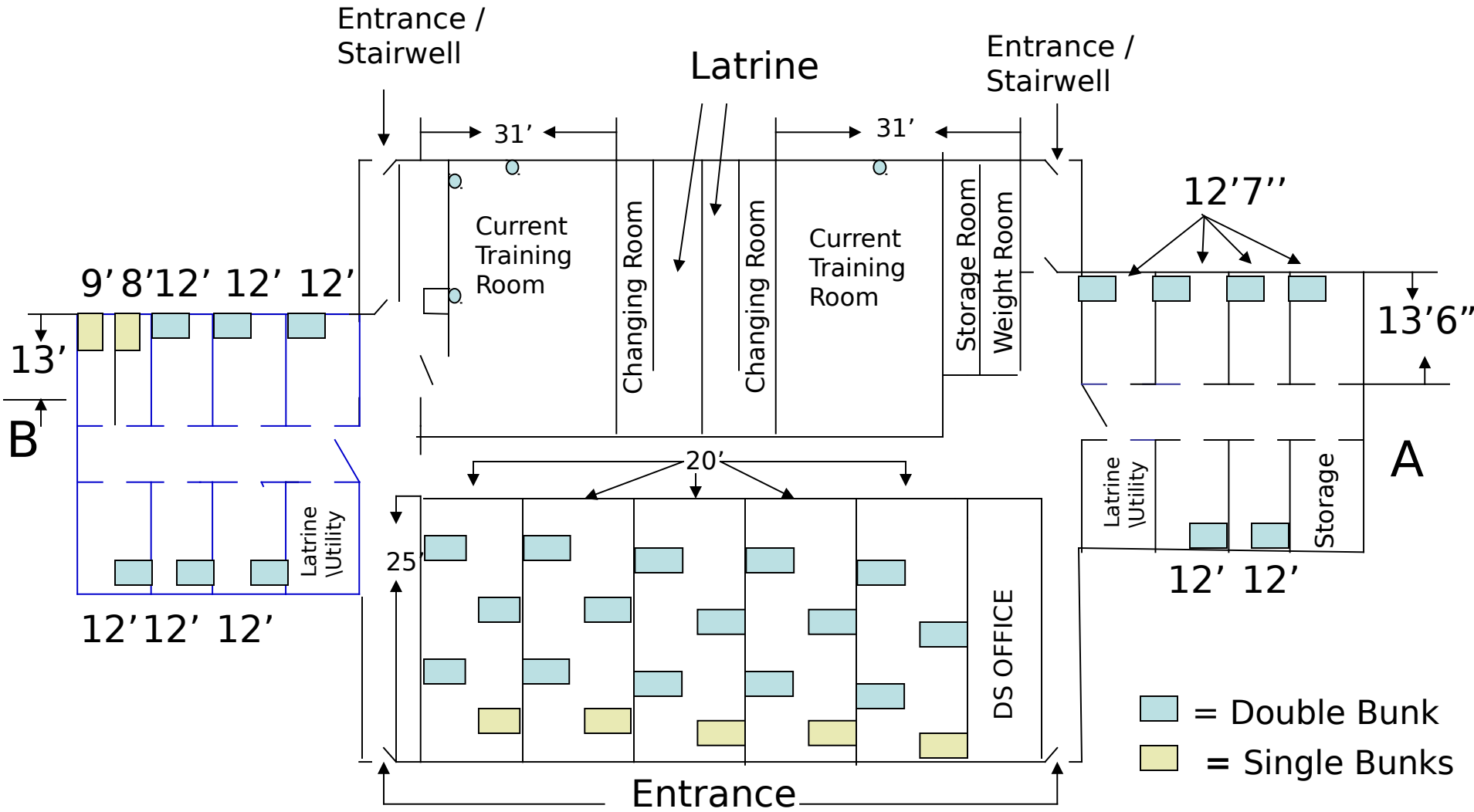
ARMY



20 X 25 Room = 500 SF divided by 72 SF = only seven Soldiers per Room

12 X 13 Room = 156 SF divided by 72 = only two Soldiers per Room

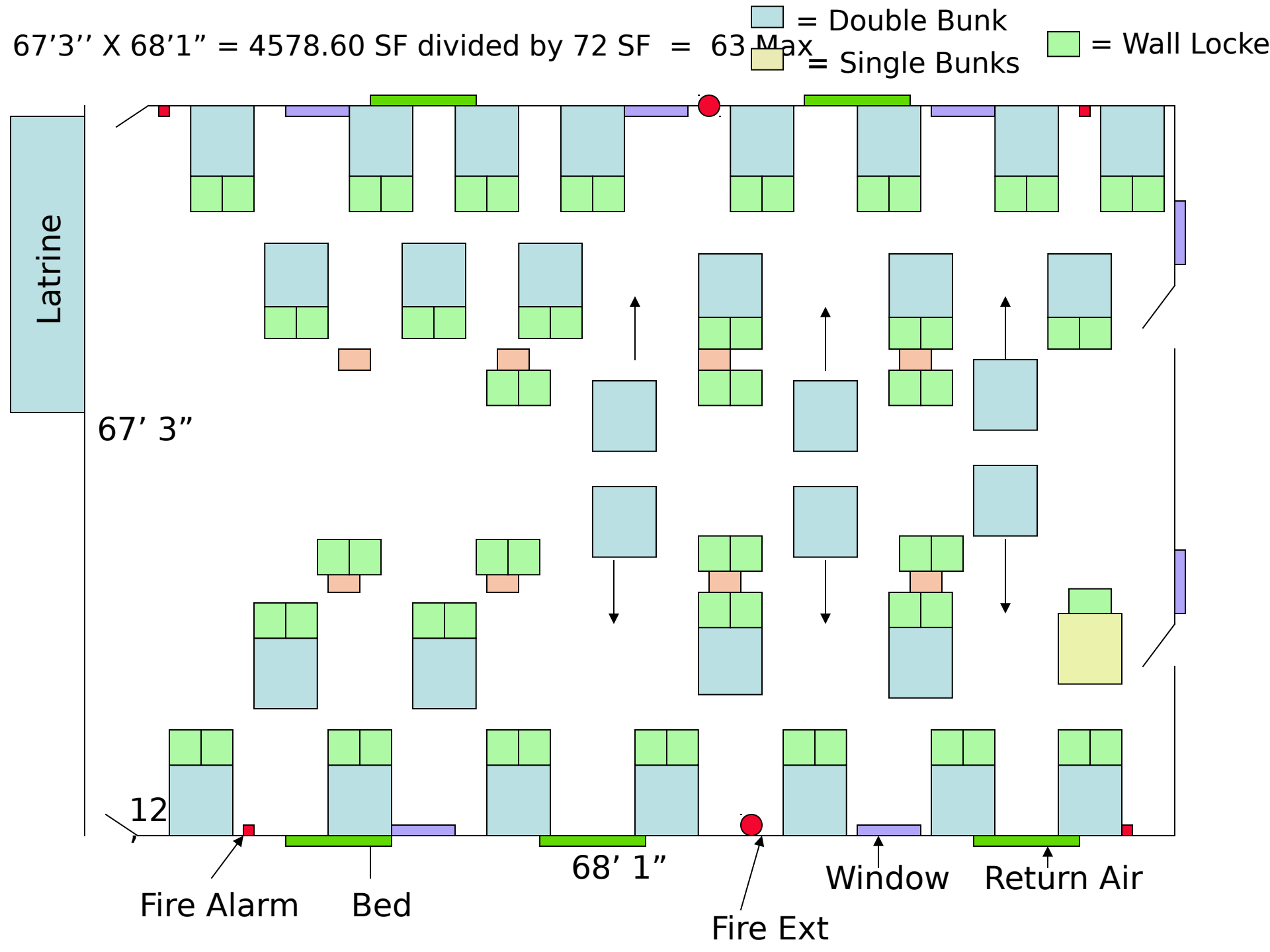
2nd and 3rd Floor 3 Story Brick



20 X 25 Room = 500 SF divided by 72 SF = only seven Soldiers per Room

12 X 13 Room = 156 SF divided by 72 = only two Soldiers per Room

Small rooms 9 and 8 by 13 only space for one Soldier


67’3’’ X 68’1” = 4578.60 SF divided by 72 SF = 63 Max
= Double Bunk
= Single Bunks
= Wall Locke
Latrine
67’ 3”
12
68’ 1”
Fire Alarm
Bed
Fire Ext
Window
Return Air

EXIT

EXIT
EXIT
ARMY

Barracks Sanitation Daily

- Toilets, Showers, Sinks
- Wet Mop Rooms/latrines/showers
- Replace soap, paper towels, sanitizing gels, toilet paper

GOJO

Barracks Sanitation Weekly

- Thorough Cleaning of Barracks, Latrines, Classrooms (Wipe all Common Surfaces)
- Bathroom Stalls/Handles
- Tables
- Desks
- Door Handles
- Windows/Window Sills
- Floor Mats
- Wall Lockers

Linens

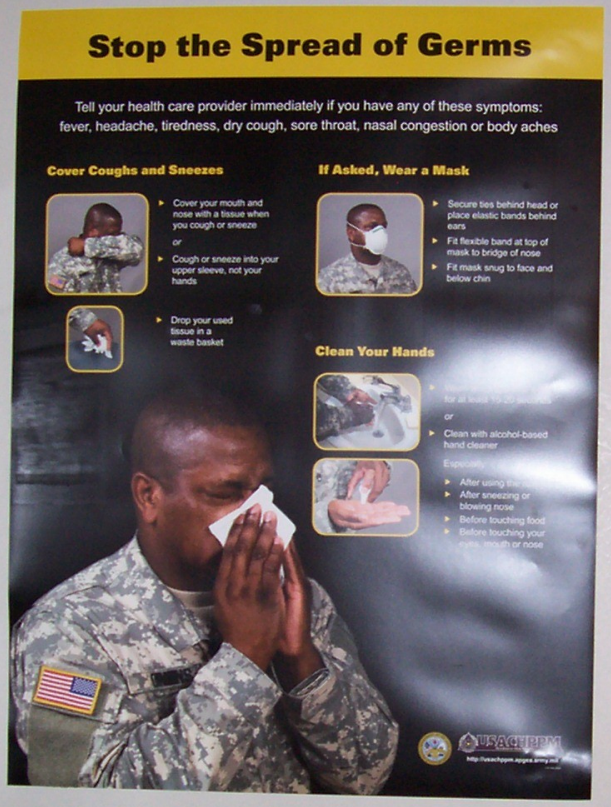
- Weekly – Sheets, Pillow Cases
- Phase Change – Pillows, Blankets, Mattress Covers

Air Quality

- Screens on Open Windows
- Air Handling Systems Working (Work Order if “NO”)
- Return Air Vents Clean and Unobstructed
- No Condensation on Inside of Windows
- Exhaust Fans on (Bathrooms/Showers)

2.
1.
CLOSED
670752

SHELF "A"
SHELF "B"
SHELF "C"
Fight Germs and Stay Healthy
If you have a cold or flu:
Avoid close contact when possible.
Germs are transmitted by sneezing, coughing, and even while speaking.
Cover your cough or sneeze.
Use a tissue or your sleeve to cover your mouth and nose while coughing or sneezing.
Throw used tissue in the trash.
Wash your hands often.
Always wash hands before eating and after using the latrine.
Wash hands for at least 15-20 seconds with warm, soapy water or alcohol-based gel.
Avoid touching your eyes, nose or mouth.
Germs are often spread when people touch something contaminated with germs (for example, shaking hands or touching smooth surfaces) and then touch their eyes, nose or mouth.
USACHPPM
http://chppm-www.apgea.army.mil/
TA-033-0905


Stop the Spread of Germs
Tell your health care provider immediately if you have any of these symptoms:
fever, headache, tiredness, dry cough, sore throat, nasal congestion or body aches
Cover Coughs and Sneezes
Cover your mouth and nose with a tissue when you cough or sneeze
or
Cough or sneeze into your upper sleeve, not your hands
Drop your used tissue in a waste basket
If Asked, Wear a Mask
Secure ties behind head or place elastic bands behind ears
Fit flexible band at top of mask to bridge of nose
Fit mask snug to face and below chin
Clean Your Hands
Clean with alcohol-based hand cleaner
After sneezing or blowing nose
Before touching food
USACHPPM

LIFT THEN
PULL HANDLE
FIRE

Checklist

- The Standard
- Self-Checks – Maintain Record
- Semi-Annual Checks by Preventive Medicine

Schedule

- “Train-the-Trainer” – 7-9 NOV 06
- Implementation – Until end of CY
- Semi-Annual Inspections – JAN 07

Other Issues

- Replace Unserviceable Furniture
- Replace Mop Heads/Other Cleaning Materials
- Open Windows During Inside PT
- Maintain Control of Thermostats

Questions